# Valuing Health Risks: <br> Monetary \& Health-Utility Measures 

James K. Hammitt
Harvard University
Toulouse School of Economics
University of California, Berkeley

## Valuing health (\& other non-market goods)

How do we measure welfare effects?

- People have limited experience valuing non-market goods
- Normative vs. revealed preferences (Beshears et al. 2008)
- Normative preferences "represent the agent's actual interests"
- Revealed preferences "rationalize an economic agent's observed actions"
- Including responses to surveys, experiments


## Key questions

- Do we want normative preferences for policy evaluation?
- How can we evaluate validity of estimates?
- Should we adjust ("correct") the preferences revealed or stated by citizens?
- Should we substitute experts' objective function?


## How can we evaluate validity of estimates?

Description (revealed) v. prescription (normative)?

- For welfare \& policy evaluation: prescription/normative Consistency with theory
- Sensitive to what should matter (e.g., scope, income?)
- Insensitive to what should not matter (e.g., framing, probability $v$. frequency representation)
Stated preference:
- Comparison with revealed preference \& experiments
- Not practical in contexts where needed
- Are revealed-preference estimates normative?


## Programs may have multiple health effects

## Beneficial \& adverse health effects

- Within individuals
- Bicycling
- Improve cardiovascular health, increase risk of crash injury
- Between individuals
- Eating fish containing methyl mercury, dioxins
- Reduce risk of heart disease \& increase risk of cancer to mother
- Increase risk of developmental effects to children


## Criteria for evaluating valuation methods

Consistency with individuals' preferences

- Across risks of health outcomes

Consistency with social preferences

- Aggregation across people
- How many heart attacks offset neurocognitive benefit of avoiding methyl mercury in fish?
- What standard for comparing value between people
- Aggregate health, money, utility, ...?
- Distributional effects
- Weighted sum across individuals?
- Compensate adverse effects on some through other means?

Some tension between these criteria

- Consistency with social preferences may conflict with individuals' preferences for own outcomes


## Do people know their (normative) preferences?

Limited information about health states

- People with impairment often report it is less bad than others imagine
Misperception / limited understanding of (small) probabilities
- Which is a larger chance, 5 in 100,000 or 1 in 10,000 ?

Overweight qualitative attributes?

- Controllability, voluntariness, ambiguity/uncertainty, natural/synthetic chemicals?
Framing
- Risk of omission v. risk of commission, e.g., life-saving treatment with risk of fatal side effect
Hyperbolic discounting
WTP / WTA disparity


## WTA / WTP ratio (Tunçel \& Hammitt 2014)

| Good | Geometric <br> mean | Geometric <br> std error | Experi- <br> ments | Studies |
| :--- | :---: | :---: | :---: | :---: |
| Environmental | 6.2 | 1.2 | 32 | 13 |
| Health \& safety | 5.1 | 1.2 | 41 | 11 |
| Other public, non-market | 3.9 | 1.1 | 66 | 15 |
| Timing of receipt | 2.6 | 1.1 | 6 | 1 |
| Ordinary private | 1.6 | 1.1 | 116 | 28 |
| Lotteries | 1.6 | 1.1 | 53 | 13 |
| Time (leisure or travel) | 1.5 | 1.2 | 7 | 3 |
| All goods | 3.3 | 1.0 | 337 | 76 |

## Valuing health: standard metrics

Monetary measures

- Willingness to pay (WTP)
- Widely used in environmental \& transportation applications
- Willingness to accept compensation (WTA)

Health-utility measures

- Quality-adjusted life years (QALYs)
- Widely used in public health \& medical applications
- Disability-adjusted life years (DALYs)
- Global Burden of Disease


## Consistency with individual preferences

QALYs

- Structure imposed
- Several conditions - reasonable on average but often violated
- Inconsistent with individual preferences
- Depend only on "health"

WTP

- Less structured, less constrained
- More susceptible to fuzzy thinking
- Can incorporate other effects, including qualitative attributes
- Voluntariness, controllability, framing ...


## QALYs: health profile



## QALYs: health profile



## Quality-adjusted life years

Tradeoff between health \& longevity
Value of a health profile = number of QALYs

- Area under the curve (may be discounted)

Value of change in health risk = change in E(QALYs)
Tradeoffs between health and longevity (implicitly) assumed to be independent of wealth, consumption
Does not address tradeoff between (health \& longevity) and other goods

- Need to determine "threshold cost-effectiveness ratio" in some other way
- Quixotic quest for "Value of a QALY," "WTP per QALY"
- £30,000; \$50,000 - \$100,000


## Consistency with individual preferences

If QALYs represent utility, then individuals prefer

- Health profiles with more QALYs
- Lotteries with higher expected number of QALYs
Conditions on preferences
- Pliskin, Shepard \& Weinstein (1980)


## Quality-adjusted life years

## $Q A L Y s=q T \quad$ Constant health

$$
\text { QALYs }=\sum_{i=1}^{N} q_{i} T_{i} \quad \text { Time-varying health }
$$

$$
\begin{aligned}
\mathrm{q} & =\text { "Health-related quality of life" (HRQL) } \\
& \cdot \mathrm{q} \leq 1
\end{aligned}
$$

$$
-\mathrm{q}=1 \text { (full health) }
$$

- Age dependence?

$$
-\mathrm{q}=0 \text { (equivalent to dead) }
$$

$$
-\mathrm{q}<0 \text { worse than dead }
$$

$\mathrm{T}=$ duration

## Key assumptions

$$
Q A L Y s=q T \quad \text { QALYs }=\sum_{i=1}^{N} q_{i} T_{i}
$$

$q$ (health-related quality of life)

- Independent of duration
- If 40 yrs good health $\sim 30$ yrs excellent health
- Then 4 yrs good health $\sim 3$ yrs excellent health
- Independent of previous \& succeeding states

T (duration)

- Utility is proportional to T
- Risk neutral over lotteries on duration
- 50/50 chance of 0 or 2 days sick $\sim 1$ day sick for sure


## Risk neutrality on lifespan

Empirically, risk postures differ across individuals and choices

- Risk aversion for long periods (gains), risk seeking for short (losses)?
- Risk neutral on average?

Risk-adjusted QALYs available but rarely used

- Utility a non-linear function of duration
- Unclear how to add QALYs across people

Note: discounting future QALYs $\leftrightarrow$ risk aversion

- (Could choose discount rate and assume risk neutrality over present value of life years)

McNeil et al. (1981), "Speech and Survival:Tradeoffs between Quality and Quantity of Life in Laryngeal Cancer," NEJM


## Empirical evidence on risk posture (\%)

Pliskin, Shepard, Weinstein (1980)
N = 10 Harvard health faculty, 1 qx
Corso \& Hammitt (2001) US
$\mathrm{N}=865,4$ binary choices
$N=610,5$ binary choices

| RN | RA | RS | other |
| :---: | :---: | :---: | :---: |
| 40 | 20 | 40 | -- |
| 0 | 14 | 11 | 75 |
| 0 | 13 | 9 | 78 |

3 pairwise choices among 3 shifts to survival curve (same life expectancy) Nielsen et al. (2010) N = 129 40 year olds in Newcastle UK Hammitt \& Tunçel (2014) N = 1024 French general population

6
22

14
23
16
23
49
47

## Willingness to Pay

Rate of substitution between (health \& longevity) and wealth / income
Value changes in

- Health profiles (time paths of health)
- Risk over health profiles
- Not used to determine the total value of a health profile (e.g., a life)


## Willingness to Pay / Willingness to Accept

For minor illness (or small risk change), WTA $\approx$ WTP
For serious illness or fatality (or large risk change), WTA may be much greater than WTP

- WTP limited by wealth
- WTA larger, could be infinite?


## Interpersonal aggregation

Evaluate policy by summing individual changes in QALYs or WTP

- Could weight by effect type or beneficiary

To add utility across people, need some method to standardize it

- Who benefits more from
- an extra year of life?
- an extra $€ 10000$ ?

Neoclassical economics assumes utility cannot be compared between people

- Who suffers more from pain?

Any standard we choose is arbitrary

- QALYs: healthy year of life
- WTP: purchasing power


## Integrating WTP \& QALYs (Hammitt 2013)

Assume (for any level of wealth)

- Preferences for health and longevity are consistent with (generalized) QALYs
$-\mathrm{Q}(\mathrm{h}, \mathrm{T})=\mathrm{Q}[\mathrm{q}(\mathrm{h}), \mathrm{T}]$
- Health-related quality of life $q(h)$ is independent of wealth w

Then (future) lifetime utility $u(h, T, w)=[Q(h, T)] a(w)+b(w)$
where $a(w)>0$

## Marginal utility of wealth <br> $$
u(h, T, w)=[Q(h, T)] a(w)+b(w)
$$ <br> $$
\frac{\partial U}{\partial w}=Q a^{\prime}(w)+b^{\prime}(w)
$$

$\mathrm{b}^{\prime} \geq 0$ (standard, marginal utility of bequest)
$a^{\prime}>0 \leftrightarrow$ marginal utility of wealth greater if alive than dead (standard)
$\rightarrow$ marginal utility of wealth increasing with
Health (standard)
Longevity (plausible)

## Marginal WTP per QALY (v)

$$
\begin{aligned}
& \mathrm{u}(\mathrm{~h}, \mathrm{~T}, \mathrm{w})= {[\mathrm{Q}(\mathrm{~h}, \mathrm{~T})] \mathrm{a}(\mathrm{w})+\mathrm{b}(\mathrm{w}) } \\
& v=-\frac{d w}{d Q}= \frac{a(w)}{Q a^{\prime}(w)+b^{\prime}(w)}+\frac{\partial w}{\partial Q} \\
& \begin{array}{l}
\text { Marginal value } \\
\text { of QALY }
\end{array} \\
& \begin{array}{l}
\text { Effect of health \& longevity } \\
\text { on wealth (neglect) }
\end{array}
\end{aligned}
$$

v is independent of Q (future health \& longevity) iff $\mathrm{a}^{\prime}=0$
$\rightarrow$ marginal utility of wealth independent of survival, health, \& longevity
$a^{\prime}>0 \rightarrow v$ decreases with $Q$
Diminishing marginal WTP with severity \& duration of potential illness
WTP increases with age and chronic/future illness

## Empirical estimates: WTP \& $\triangle$ QALY

Individual preferences for self

- Own money, own health risk

Two stated-preference studies

- Knowledge Networks internet panel (US, nationally representative)

Acute illness (food-borne, $\mathrm{N} \approx 2900$ )

- Describe symptoms
- Duration $=1,3,7$ days
- Elicit q (health-related quality of life)
- Elicit WTP

Chronic illness (environmental, $\mathrm{N} \approx 2200$ )

- Describe illness by EQ-5D profile
- Duration = 1 month, 1 year, lifetime
- Elicit WTP


## Empirical model

$$
W T P=\Delta r^{\delta} \Delta q^{\alpha} T^{\beta} m
$$

```
\(\log (W T P)=\delta \log (\Delta r)+\alpha \log (\Delta q)+\beta \log (T)+\)
    \(\left[\mathrm{m}_{0}+\Sigma \mathrm{x}_{\mathrm{i}} \gamma_{\mathrm{i}}+\varepsilon\right]\)
```

    \(\Delta \mathrm{r}=\) risk reduction \(\left(=\mathrm{p}_{0}-\mathrm{p}_{1}\right)\)
    \(\Delta \mathrm{q}=\) loss in HRQL while ill \(\left(=\mathrm{q}_{0}-\mathrm{q}_{\mathrm{s}}\right)\)
    \(\mathrm{T}=\) duration of illness
    \(\mathrm{m}_{0}=\) WTP per QALY (when all \(\mathrm{x}_{\mathrm{i}}=0\) )
    \(\mathrm{x}_{\mathrm{i}}=\) covariates that affect WTP per QALY
    \(\varepsilon=\) error term (normal)
    Constant WTP per $\mathrm{E}(\Delta \mathrm{QALY}) \rightarrow \delta=\alpha=\beta=1$

## Acute illness (Hammitt \& Haninger 2007 Haninger \& Hammitt 2011)

WTP to reduce risk of short-term illness from microbial contaminants on food
Choose between two food types

- Conventional
- "Superior safety system"
- Uses safer (to humans) pesticides
- Not organic, irradiated, etc.

Risk change \& cost presented per meal or per month

## Risk attributes

Risk reduction: [4 or 2] to 1 per 10,000 per meal

- Risk reduction = [3 or 1] per 10,000
- Visual aid: white square with fraction colored red

Duration: 1, 3, 7 days
Severity: mild, moderate, severe

- Mortality risk conditional on illness: $0,1 / 10,000,1 / 1,000$

Food: chicken, ground beef, packaged deli meat Initial bid: between $\$ 0.04 \& \$ 4.00$ per meal

- Follow-up bids half and twice as large

Per month framing: risk and bid presented using respondent-reported consumption frequency

## Severity

1. You will have an upset stomach and will feel tired, but these symptoms will not prevent you from going to work or from doing most of your regular activities.
2. You will have an upset stomach, fever, and will need to lie down most of the time. You will be tired and will not feel like eating or drinking much. Occasionally, you will have painful cramps in your stomach. In addition, you will have some diarrhea and will need to stay close to a bathroom. While you are sick, you will not be able to go to work or do most of your regular activities.
3. You will have to be admitted to a hospital. You will have painful cramps in your stomach, fever, and will need to spend most of your time lying in bed. You will need to vomit and will have severe diarrhea that will leave you seriously dehydrated. Because you will be unable to eat or drink much, you will need to have intravenous tubes put in your arm to provide nourishment.

## HRQL by severity (mean, std dev)

|  | Health <br> Utilitities <br> Index | Decrement | Visual <br> analog scale | Decrement |
| :--- | :---: | :---: | :---: | :---: |
| Current <br> health | $0.80(0.21)$ |  | $0.76(0.17)$ |  |
| Mild | $0.51(0.27)$ | 0.29 | $0.58(0.21)$ | 0.18 |
| Moderate | $0.26(0.31)$ | 0.54 | $0.47(0.23)$ | 0.29 |
| Severe | $0.12(0.31)$ | 0.68 | $0.42(0.25)$ | 0.34 |

## Regression (log WTP, std err)

|  | Pooled <br> $(4851)$ | Per meal <br> $(2135)$ | Per month <br> $(2035)$ |
| :--- | :---: | :---: | :---: |
|  | $5.2(0.4)$ | $5.0(0.7)$ | $6.4(0.5)$ |
| Intercept | $0.52(0.05)$ | $0.49(0.08)$ | $0.54(0.06)$ |
| Log $\Delta r$ | $0.20(0.05)$ | $0.17(0.06)$ | $0.26(0.08)$ |
| Log $\Delta H R Q L$ | $0.11(0.05)$ | $0.11(0.06)$ | $0.11(0.08)$ |
| Log duration | $-0.45(0.11)$ | $-0.57(0.13)$ | $-0.14(0.20)$ |
| Ground beef | $-0.49(0.14)$ | $-0.45(0.16)$ | $-0.56(0.27)$ |
| Deli meat | $1.12(0.10)$ |  |  |
| Monthly version |  | $\mathrm{p}<0.01$ | $\mathrm{p}<0.10$ |

## Chronic illness (Hammitt \& Haninger 2014)

Illness caused by environmental contaminants
Reduce by participation in government program of annual screening \& preventive medicine

- Initial risk $=$ [3 or 4] per 10,000 per year
- Reduction $=[1$ or 2$]$ per 10,000 per year
- Initial bid: between $\$ 10 \& \$ 2,000$ per year

Illness described by EQ-5D profile \& duration

- Plus disease name for half of respondents

Elicit health conditional on illness (TTO, VAS)

- Encourage respondent attention to illness description
- Elicit current health (EQ-5D, TTO, VAS) to calculate health loss


## EQ-5D

5 attributes

- Mobility
- Self care
- Usual activities
- Pain/discomfort
- Anxiety/depression

HRQL calculated using scoring function for US population (Shaw et al. 2005)

## Health conditions

10 EQ-5D profiles

- HRQL ranges from 0.086 to 0.827

11 disease names

- Provided to half the sample
- EQ-5D profiles representative of these diseases in Medical Expenditure Panel Survey
Duration = 1 month, 1 year, or lifetime
- Implausible [disease name / duration] pairs excluded

Totals

- 22 [EQ-5D profile - disease name] pairs
- 38 [EQ-5D profile - disease name - duration] triples


## Regression (log WTP, std err)

|  | ( $\mathrm{N}=2339$ ) | ( $\mathrm{N}=2343$ ) |
| :---: | :---: | :---: |
| Intercept | 16.1 (2.1) | 15.4 (2.1) |
| Baseline risk | 0.12 (0.12) | 0.12 (0.16) |
| Log $\Delta r$ | 1.02 (0.22) | 1.01 (0.23) |
| Log $\triangle$ HRQL | 0.35 (0.09) |  |
| Log duration | 0.12 (0.03) |  |
| Log $\triangle$ QALY |  | 0.17 (0.03) |
| Named illness | -0.65 (0.16) | -0.72 (0.16) |
| Current HRQL | -1.76 (0.53) | -1.41 (0.52) |
| $\Delta H R Q L=0$ | 0.54 (0.39) | -0.03 (0.30) |
|  |  | p<0.01 |

## Named IIlness

|  | Pooled <br> $(9103)$ |
| :--- | :---: |
| Influenza | $-1.10(0.26)$ |
| Resp infect | $-0.52(0.29)$ |
| Bronchitis | $-0.59(0.24)$ |
| Migraine | $-0.81(0.20)$ |
| Parkinson's | $-0.16(0.20)$ |
| Heart disease | $0.02(0.22)$ |
| Hepatitis | $-\mathbf{0 . 7 2 ( 0 . 2 5 )}$ |
| Liver disease | $-0.34(0.26)$ |
| Liver cancer | $-0.17(0.24)$ |
| Skin cancer | $-1.35(0.28)$ |
| Lung cancer | $0.35(0.25)$ |

## WTP/QALY inferred from VSL

Assume WTP to reduce health risk proportional to $\mathrm{E}(\triangle \mathrm{QALY})$

$$
W T P=\omega \cdot \Delta r \cdot \Delta Q
$$

where $\omega=$ WTP/QALY

$$
\rightarrow \omega=\frac{W T P / \Delta r}{\Delta Q}=\frac{V S L}{\Delta Q}
$$

VSL = \$9.3 million, LE = 40 yrs , avg HRQL by age

- Disc rate $=0 \rightarrow \omega=\$ 280000$
- Disc rate $=3 \% \rightarrow \omega=\$ 480000$


## WTP/QALY inferred from VSL

Problem: VSL not proportional to E( $\Delta$ QALY) or life expectancy

- Theory: Average WTP/QALY decreases w/ Q

VSL increases then decreases with age

- Not monotone in Q
- Utility discount rate < interest rate $\rightarrow$
- Optimal to save, defer consumption to older ages
- Opportunity cost of spending decreases with age

Figure 1.-Cohort-Adusted and Cross-Section Value of Statistical Life, 1993-2000


Figure 2.-Value of a Statistical Life-Year Based on Cohort-Adjusted and Cross-Section Value of Statistical Life, 1993-2000
VSLY


Stated preference (normalized to age 40)
Krupnick 2007
VSL

$\rightarrow$ DeShazo and Cameron, 2004 (VSI for sudden death this year. USA)
-- Johannesson et al., 1997 (Sweden)
$\rightarrow$ Krupnick et al., 2002 (four age categories. Canada)

## Elicited \& implied values (\$)

| $\Delta \mathbf{q}$ | $\mathbf{t}$ | WTP | Value / case | Value / QALY | Implied <br> WTP | Value / <br> case |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0.1 | 1 day | 1.36 | 6,800 | $24,800,000$ | 0.03 | 132 |
| 0.9 | 1 day | 2.10 | 10,500 | $4,250,000$ | 0.24 | 1,180 |
| 0.1 | 7 days | 1.67 | 8,300 | $4,350,000$ | 0.18 | 921 |
| 0.9 | 7 days | 2.57 | 12,900 | 745,000 | 1.66 | 8,290 |
| 0.1 | 1 month | 79 | 524,000 | $62,900,000$ | 0.60 | 4,000 |
| 0.9 | 1 month | 170 | $1,140,000$ | $15,100,000$ | 5.40 | 36,000 |
| 0.1 | 40 yrs | 165 | $1,100,000$ | 275,000 | 168 | $1,118,000$ |
| 0.9 | 40 yrs | 357 | $2,380,000$ | 66,200 | 1,510 | $10,060,000$ |

Implied values: VSL $=9.3 \mathrm{~m}, \mathrm{r}=3 \%, \mathrm{LE}=40 \mathrm{yrs} \rightarrow \mathrm{WTP} / \mathrm{QALY}=480 \mathrm{k}$
Values per case plausible for severe, not for milder cases?

- Last value ( $\$ 10$ million $) \approx$ VSL ( $\$ 9.3$ million)

WTP not very sensitive to severity or duration of illness

## Conclusion

WTP per QALY is not constant across health gains
Increasing, strongly concave function of expected gain in QALYs

- Elasticity with respect to $\triangle \mathrm{HRQL} \approx 0.4$ ( 0.2 for acute illness)
- Elasticity with respect to duration $\approx 0.1$ ( 0.1 for acute illness)
- More sensitive to risk reduction than to QALYs; elasticity with respect to $\Delta \mathrm{r} \approx 1.0$ ( 0.5 for acute illness)
Depends on other information
- Name of illness (chronic)
- Type of food (WTP $\sim 60 \%$ greater for chicken than for hamburger or packaged deli meat)
WTP $\neq \Delta$ QALY x constant
- Can it be reliably predicted using a more elaborate function?

Utility: ex ante (decision), ex interim (experience), ex post (memory)

- Ex post dominated by peak \& final sensation, insensitive to duration
- Kahneman


## Continuity of marginal rate of substitution implies near proportionality for small risk changes



## Scope sensitivity of WTP for risk reduction



- $\mathrm{v}_{1}\left(\mathrm{~s}_{0} \rightarrow \mathrm{~s}_{1}\right)=\mathrm{r}_{1} \times \operatorname{VSL}_{\mathrm{a}}\left(\right.$ VSL somewhere between $\left.\mathrm{s}_{0} \& \mathrm{~s}_{1}\right)$
- $\mathrm{v}_{2}\left(\mathrm{~s}_{1} \rightarrow \mathrm{~s}_{2}\right)=\mathrm{r}_{2} \times$ VSL $_{\mathrm{b}}$ (VSL somewhere between $\mathrm{s}_{1} \& \mathrm{~s}_{2}$ )
- $\mathrm{v}_{3}\left(\mathrm{~s}_{0} \rightarrow \mathrm{~s}_{2}\right)=\mathrm{v}_{1}+\mathrm{v}_{2}$

